



RIVERSIDE RECREATION THERAPY INFORMER



March 24th-March 29th, 2025

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, March 24th

- 10:00am- 1:1 Visits –Room to Room
- 10:00am- Bible Study with Pastor Linda - FLC
- 1:30pm- March Madness Monday! -RDC
- 3:00pm- Meet the Riverside Chicks! -RDC

Tuesday, March 25th

- 10:00am- 1:1 Visits –Room to Room
- 10:00am- Chair Yoga with Mikayla! -RDC
- 1:30pm- Bingo! -RDC
- 2:30pm- Manicures -RDC and Room to Room

Wednesday, March 26th

- 10:00am- 1:1 Visits -Room to Room
- 1:30pm- Monthly Birthday Party! *Join us in celebrating all March birthdays!* -RDC
- 2:30pm- Pet Therapy Visits with Sue & Curly! -Room to Room
- 3:00pm- Scrabble! -RDC



Thursday, March 27th

9:30am- Pet Therapy Visits with Nancy & Walley! -Room to Room

9:45am- Rosary - FLC

10:00am- Mass - FLC

1:30pm- Music Entertainment with Frank Moore! -FLC

3:00pm- Group Therapeutic Coloring! -RDC

Friday, March 28th

10:00am- Worship Service with Pastor Linda -FLC

1:30pm- Craft: Button Bouquets! -RDC

3:00pm- The Price is Right! -RDC



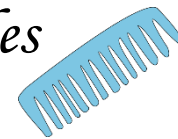
Saturday, March 29th

No Bingo Today



Beauty Shop: *Timeless Styles*

Open on Wednesdays



Call Erin at 608-406-3955 to make an appointment! ☺

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 4

Saturday, March 22nd

Lunch: Hungarian Goulash over Egg Noodles, Cauliflower, Lettuce Salad, Banana Crème Pie, Breadstick
Supper: Hot Dog on a Bun, Western Baked Beans, Jell-O Cubes, Tropical Fruit Salad

Sunday, March 23rd

Lunch: Roast Pork, Mashed Potatoes w/Gravy, Yellow Beans, Seven Layer Salad, Tiramisu
Supper: Minestrone Soup, Cheese Sandwich, Pears, Ice Cream

Monday, March 24th

Lunch: Cheeseburger on a Bun, Seasoned Steak Fries, Pickle, Tomato Slice, Peach Cobbler
Supper: Beef Chop Suey over Rice, Honeydew Melon, Cookie, Everything Bread

Tuesday, March 25th

Lunch: Baked Chicken, Dressing w/Gravy, Squash, Cranberry Sauce, Pumpkin Cake
Supper: Bean Soup, Egg Salad Sandwich, Pineapple, Custard

Wednesday, March 26th

Lunch: Spaghetti w/Meat Sauce, Cauliflower, Fruit Cup, Rhubarb Cake, Garlic Toast
Supper: Breakfast Casserole w/Bacon & Sausage, Watermelon, Angel Dessert, Blueberry Muffin

Thursday, March 27th

Lunch: Beef Short Ribs, Boiled Potatoes, Cabbage Au Gratin, Cucumbers, Blueberry Cheesecake
Supper: Potato Chowder, Ham Salad Sandwich, Banana, Blondie Bar

Friday, March 28th

Lunch: Baked Cod, Baked Potato, Veggie Blend, Peaches, Caramel Brownie
Supper: Chicken Cordon Bleu, Wild Rice, Applesauce, Vanilla Pudding