

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> *Coulee Guild Stitchers Meeting Monday (12/2) from 9:30-11am in the Blarney Bar*	<b>2</b> 9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	<b>3</b> 9:00 Bible Study-BB <b>10:00 Folks @ Ten-A</b> 10:00 Knitting-AS* 1:00 Euchre-CL* <b>1:30 LudyTunes</b> <b>Christmas Show-A</b> 3:00 Movie: <i>Failure to Launch-T</i>	<b>4</b> 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 1:00 Pet Visits w/ Loki & Odin-BB 2:00 Church-A 3:30 Knit & Chat-BB*	<b>5</b> 10:00 Bible Study-CL* 2:00 <i>All Creatures Great &amp; Small-T</i> 3:00 Jeopardy-3CA 3:30 Pastor Chat w/ Linda-BB	<b>6</b> 9:30 Chair Yoga-A 11:00 Bingo-CL 1:00 Holiday Bazaar Recap-B <b>2:30 La Crosse Weather Service Presentation-A</b>	<b>7</b> December Crossword Puzzle-Building 1 Library  2:00 Movie: <i>Attack on Pearl Harbor-T</i>
<b>8</b> Independent & Senior Resident Meetings on <b>Tuesday, Dec. 17<sup>th</sup> @ 10:00am</b> <b>OR 1:00pm</b> in the Auditorium	<b>9</b> <b>10:00 Catholic Mass-A</b> 11:15 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	<b>10</b> 9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* <b>1:30 Grumpy Old Men Music-A</b> 3:00 Movie: <i>Erin Brockovich-T</i>	<b>11</b> 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 1:00 Pet Visits-BB 2:00 Church-A <b>3:00 Sing Along-CR*</b> 3:30 Knit & Chat-BB	<b>12</b> 10:00 Bible Study-CL* 2:00 <i>All Creatures Great &amp; Small-T</i> 3:00 Jeopardy-3CA 3:30 Pastor Chat-BB <b>6:00 Rotary Lights Bus Trip-Bistro</b>	<b>13</b> 9:30 Chair Yoga-A 11:00 Bingo-BB <b>1:00 Mt. Calvary Hand Chimes-A</b> <b>3:00 Winter Craft w/ Mallorie-AS</b>	<b>14</b> Holiday Cookie Maze- Building 1 Library  2:00 Movie: <i>All About Eve-T</i>
<b>15</b> <b>1:30 Living Word Church Hymnal Sing Along-A</b> *Mallorie's Nutcracker Display (12/16-12/27) in the Bistro*	<b>16</b> 9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	<b>17</b> 9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 3:00 Movie: <i>The Man From Snowy River-T</i> <b>6:00 Book Club-CL</b>	<b>18</b> 9:00 Strong Bones-A 9:45 Pastor Chat-BB <b>10:30 Rosary &amp; Communion-A</b> 1:00 Pet Visits-BB 2:00 Church-A <b>6:30 Christmas Dance Recital-A</b>	<b>19</b> 10:00 Bible Study-CL* 1:00 Jeopardy-3CA <b>2:00 Tea @ Two-A</b> 3:00 <i>All Creatures Great &amp; Small-T</i> 3:30 Pastor Chat w/ Linda-BB	<b>20</b> (Mallorie off) 9:30 Chair Yoga-A 11:00 Bingo-CL <b>2:00 Christmas Harp Circle-A</b> 3:00 Veteran's Get Together-CL*	<b>21</b> Christmas Song Picture Puzzle- Building 1 Library  2:00 Movie: <i>White Christmas-T</i> <small>Winter Begins</small>
<b>22</b> <b>Take N Make:</b> <b>Christmas Pretzel Bites</b> *Delivered Monday (12/23) between 3-5pm*	<b>23</b> 9:30 Strong Bones-A 11:00 Bingo-2DR <b>2:00 Jeopardy Vs. EC North-A</b> 4:00 BYOB Happy Hour-BB/CL*	<b>24</b> 9:30 Bible Study w/ Pastor Dennis-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>A Golden Christmas-T</i>	<b>25</b> Merry Christmas!  <b>11:00 Christmas Sing Along w/ Mike Porter-A</b>  <small>Christmas Hanukkah Begins</small>	<b>26</b> 10:00 Bible Study-CL* 2:00 <i>All Creatures Great &amp; Small-T</i> No Pastor Chat today!  <small>Boxing Day (Canada) Kwanzaa Begins</small>	<b>27</b> 9:30 Chair Yoga-A 11:00 Bingo-BB <b>3:00 Picking Out the January Movies-T</b>	<b>28</b> New Year's Eve Riddle Jumble- Building 1 Library  2:00 Movie: <i>The Holiday-T</i>
<b>29</b> Hand, Knee & Foot Cards are played in the Community Room every Tuesday @ 1:00pm*	<b>30</b> 9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	<b>31</b> 9:30 Bible Study w/ Pastor Dennis-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 3:00 Movie: <i>The Lion in Winter-T</i> <small>New Year's Eve</small>	 <p><b>December 2024</b> AL/IL/SL Activity Calendar</p>			

**Please turn over for additional information & location keys for programs →**

## **STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:**

- No Sign-up required!
  - Chairs must stay where they are; Please do not move them!
  - How to access Strong Bones via zoom:
    - Download Zoom to your electronic device of choice and create an account (if you have not already)
      - Join our Zoom meeting by entering in the meeting ID: 79785075740
      - Please, note that it will ask for a password. The password is **eaglecrest**
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

### **INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):**

- Folks at Ten – Bob B. 12308
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
  - Welcome to La Crosse! Newcomers Group – Shirley D. 15005
    - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
  - Sing-Along – Darlene L. 12010
  - Hand, Knee, & Foot – Beth D. 15000
    - Book Club – Mallorie T. 12737
  - Veteran’s Group – Dick D. 15005
    - Knit & Chat – Marlie B. 12308
    - Hobby Shop – Peter K. 15024

### **ACTIVITY LOCATIONS:**

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
  - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
  - T: Theater (ECS 1, 2nd floor)
- C: Craft Room (ECS 1, 1st floor)
  - AL: Assisted Living
- 2DR: Assisted Living 2<sup>nd</sup> Floor Dining Room
- 3CA: Assisted Living 3<sup>rd</sup> Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!