



RIVERSIDE

RECREATION THERAPY INFORMER



December 16th-December 21st, 2024

RDC=Recreation Dining Center
FLC=Faith and Life Center

Please let staff know if you are interested in a bus trip to see the Rotary Lights this month!

Monday, December 16th

10:00am- Bible Study with Pastor Linda - FLC

1:30pm- Christmas Cookie Decorating! -RDC

Tuesday, December 17th *Mitchell Hall Special Breakfast 7:00-9:00am*

10:30am- Holiday Performance by Longfellow Middle School Choir! -FLC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

Wednesday, December 18th

10:00am- 1:1 Visits -Room to Room

1:30pm- Christmas Happy Hour! -RDC

3:00pm- Holiday Whiteboard Word Games! -RDC

6:00pm- Rotary Lights Bus Trip! *-For those who are signed up*



Thursday, December 19th

9:30am- Pet Therapy Visits with Nancy & Walley! -Room to Room

9:45am- Rosary - FLC

10:00am- Mass - FLC

1:30pm- Music Entertainment with Tom Conrad! -FLC

3:00pm- Craft: Mini Bead Wreaths!

Friday, December 20th

10:00am- Christmas Worship Service with Pastor Linda - FLC

1:30pm- Holiday Party! -FLC *Join us for treats, fun activities, a Christmas Sing-Along, and a visit from Santa & Mrs. Claus!*

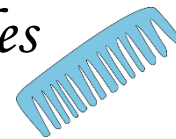
Saturday, December 21st

1:30pm- Bingo! - RDC



Beauty Shop: *Timeless Styles*

Open on Wednesdays



Call Erin at 608-406-3955 to make an appointment! 😊

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 2

Saturday, December 14th

Lunch: Meatloaf, Scalloped Potatoes, Rutabagas, Marinated Carrot Salad, Apple Pie

Supper: Pork and Gravy over Mashed Potatoes, Green Beans, Banana, Cookie

Sunday, December 15th

Lunch: Chicken Supreme, Sour Cream & Chive Potatoes, Vegetable Blend, Watermelon, Jell-O Cake

Supper: Mushroom Swiss Burger, Potato Salad, Pickles, Ice Cream

Monday, December 16th

Lunch: Short Ribs, Boiled Potatoes, Cabbage w/Carrots, Lime Mist Salad, Raspberry Cheesecake

Supper: Pancakes w/Maple Syrup, Sausage Links, Cantaloupe, Pistachio Fluff

Tuesday, December 17th

Lunch: Breaded Pork Steak, Au Gratin Potatoes, Beets, Three Bean Salad, Peach Crisp

Supper: Wild Rice Soup, Summer Sausage Sandwich, Mandarin Oranges, Cream Cheese Brownie

Wednesday, December 18th

Lunch: Baked Ham, Sweet Potatoes, Wax Beans, Coleslaw, Strawberry Pie

Supper: Chicken Pesto Pasta, Pineapple, Caramel Butter Bar, Variety Bread

Thursday, December 19th

Lunch: Spaghetti w/Meat Sauce, Broccoli, Banana, Chocolate Chip Date Cake, Garlic Toast

Supper: Beer Cheese Soup, Chicken Salad Sandwich, Fruit Cup, Lemonade Dessert

Friday, December 20th

Lunch: Crumb Top Baked Fish, Baked Potato, Mixed Veggies, Strawberries, Lorna Doone Dessert

Supper: Chicken Cordon Bleu, Wild Rice, Grapes, Nutcracker Sweets

Lunch

- Dorset Dining 10:40am - 11:00am
- Mitchell Room Trays 11:05am - 11:20am
- Mitchell Dining Room 11:30am - 11:50am

Supper

- Dorset Dining Room 4:00pm - 4:20pm
- Mitchell Room Trays 4:25pm - 4:50pm
- Mitchell Dining Room 5:00pm - 5:20pm