Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	November 2
	1311	EMBER	9 1		9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Sis &	Crossword Puzzle-Building 1 Library
10 mm	AL/IL/S	SL Activity Ca	alendar		Sweetwater-A Diwali (Hindu)	2:00 Movie: <i>Wind</i> <i>Talkers</i> -T
Daylight 3 Savings Ends: Set your clocks back 1 hour today! Coulee Stitchers meet Monday (11/4) from 9:30-11am in the Blarney Bar* Daylight Saving Time Ends	9:30 Strong 4 Bones-A 11:00 Bingo-2DR 2:00 Card Making Class-AS* 4:00 BYOB Happy Hour-CL/BB*	2:00 Line Dancing-A	9:45 Pastor Chat w/ Linda-BB	7 10:00 Bible Study-CL* 1:30 Riverside Presentation-A 2:00 All Creatures Great & Small-T 3:00 Jeopardy-3CA 3:45 Pastor Chat-BB	9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Jay Hoffman Performance-A 3:15 Picking Out the December Movies-T	Search-Building 1 Library
Hand, Knee & Foot Cards are played in the Community Room every Tuesday @ 1:00pm	10:00 Catholic11 Mass-A 11:15 Bingo-2DR 3:00 Veteran's Ceremony-A 4:00 BYOB Happy Hour-BB/CL* Veterans Day Remembrance Day (Canada)	9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Explore Lax Presentation-A 1:00 Euchre-CL* 3:00 Movie: Going in Style-T		14 10:00 Bible Study-CL* 10:30 Harp Music Performance-A 2:00 All Creatures Great & Small-T 3:00 Jeopardy-3CA 3:30 Pastor Chat-BB	9:30 Chair Yoga-A 11:00 Bingo-BB 1-3pm Shared Treasure Table-A	Thanksgiving 16 Alphabet Code Puzzle-Building 1 Library 2:00 Movie: Eight Men Out-T
1:30 Living Word Church Hymnal Sing Along-A	9:30 Strong 18 Bones-A 11:00 Bingo-2DR 3:00 Pet Visit w/	9:30 Bible Study-BB 1:30 Seven Rivers Jazz Band-A 1:00 Euchre-CL* 3:00 Movie: Mamma Mia-T	9:00 Strong 20 Bones-A 9:45 Pastor Chat w/ Linda-BB	21 10:00 Bible Study-CL* 1:00 Jeopardy-3CA 2:00 Tea @ Two-A 3:00 All Creatures Great & Small-T 3:30 Pastor Chat w/ Linda-BB	9:30 Chair Yoga-A 11:00 Bingo w/ Rich & Bev-CL 1:30 Bus Trip to Walmart-Bistro	Holiday Bazaar-A 2:00 Movie: <i>Army</i> of Shadows-T
Take N Make: Single Serving Waldorf Salad *Delivered Monday (11/25) between 3-5pm*	9:30 Strong 25 Bones-A 11:00 Bingo-2DR 1:30 Jeopardy Vs. EC North-A 3:00 Pet Visits-BB 4:00 BYOB Happy Hour-CL/BB*	9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 1:30 Interactive Music Circle-A 3:00 Movie: 13 Going On 30-T	, a oo shoo =:	Happy 28 Thanksgiving! *Turkey Scavenger Hunt (21st-29th) Turn your sheets into Life Enrichment for a prize!* Thanksgiving Day (US)	(Mallorie off) 29 9:30 Chair Yoga-A 11:00 Bingo w/ Rich & Bev-BB	Thankfulness 30 Mining Puzzle- Building 1 Library 2:00 Movie: Miracle on 34th Street-T

Please turn over for additional information & location keys for programs >

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

- · No Sign-up required!
- · Chairs must stay where they are; Please do not move them!
 - · How to access Strong Bones via zoom:
- Download Zoom to your electronic device of choice and create an account (if you have not already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please, note that it will ask for a password. The password is eaglecrest
- -Activities will start at the designated time. Please be sure you are connected before the activity begins.

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Folks at Ten Bob B. 12308
- Tea at Two Cheryl V. 15027
- Bible Study with Pastor Mumm Jim M. 14026
 - Welcome to La Crosse! Newcomers
 - Group Shirley D. 15005
 - Euchre Dick D. 15005
 - Facebook: Friends of ECS Dan M. 14000
 - Sing-Along Darlene L. 12010
 - Hand, Knee, & Foot Beth D. 15000
 - Book Club Mallorie T. 12737
 - Veteran's Group Dick D. 15005
 - Knit & Chat Marlie B. 12308
 - Hobby Shop Peter K. 15024

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - C: Craft Room (ECS 1, 1st floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!