

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Bible Study-BB 10:00 First Tuesday @ Ten-A 10:00 Knitting-AS* 1:00 Euchre-CL* 1:30 Ryan Herman Performance-A 3:00 Movie: <i>Cabrini-T</i>	2 9:00 Strong Bones-A 9:45 Pastor Chat w/ Linda-BB 10:30 Rosary-A 2:00 Church-A 3:30 Knit & Chat-BB* <small>Rosh Hashanah Begins</small>	3 10:00 Bible Study-CL* 1:00 Jeopardy-3CA 2:00 RSVP Presentation-A 3:00 <i>All Creatures Great & Small-T</i> 3:30 Pastor Chat-BB	4 9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Scenic Bus Ride: Fall Colors-Bistro	5 October Crossword Puzzle-Building 1 Library 2:00 Movie: <i>Bringing Up Baby-T</i>
6 *Coulee Guild Stitchers Meeting on Monday, October 7 th from 9:30-11am in the Blarney Bar*	7 9:30 Strong Bones-A 11:00 Bingo-2CA 3:00 Pet Visits w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	8 9:30-11am Voting Question Booth-A 9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 3:00 Movie: <i>Crimes and Misdemeanors-T</i>	9 9:00 Strong Bones-A 9:45 Pastor Chat w/ Linda-BB 10:30 Rosary-A 1:45 Church-A 3:00 Sing Along-CL* 3:30 Knit & Chat-BB	10 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 <i>All Creatures Great & Small-T</i> 3:00 Jeopardy-3CA 3:30 Pastor Chat w/ Linda-BB	11 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Tom Conrad Performance-A 3:15 Picking Out November Movies-T <small>Yom Kippur Begins</small>	12 Indigenous People Secret Quote Puzzle-Building 1 Library 2:00 Movie: <i>Oppenheimer-T</i>
13 *Hand, Knee & Foot Cards are played in the Community Room every Tuesday @ 1:00pm*	14 10:00 Catholic Mass-A 11:15 Bingo-2CA 3:00 Pet Visits-BB 4:00 BYOB Happy Hour-BB/CL* <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small>	15 9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Take Me Out to the Ballgame-T</i> 6:00 Book Club-CL	16 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary & Communion-A 2:00 Church-A 3:30 Knit & Chat-BB <small>Sukkot Begins</small>	17 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 <i>All Creatures Great & Small-T</i> 3:00 Jeopardy-3CA 3:30 Pastor Chat w/ Linda-BB	18 9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 AARPapella Singers-A 3:00 Veteran's Get Together-CL*	19 Columbus Day Poem Puzzle-Building 1 Library 2:00 Movie: <i>Eat, Pray, Love-T</i>
Pumpkin Scavenger Hunt (10/21-10/31) *See Bulletins for more info* 1:30 Living Word Church Hymnal Sing Along-A	20 9:30 Strong Bones-A 11:00 Bingo-2CA 3:00 Pet Visits w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	21 9:30 Bible Study-BB 10:00 Knitting-AS* 12-4pm Absentee Voting-A 1:00 Euchre-CL* 3:00 Movie: <i>Annie Get Your Gun-T</i>	22 9:00 Strong Bones-A 9:45 Pastor Chat w/ Linda-BB 10:30 Rosary-A 2:00 Church-A 3:30 Knit & Chat-BB	23 10:00 Bible Study-CL* 2:00 <i>All Creatures Great & Small-T</i> 3:00 Jeopardy-3CA 3:30 Pastor Chat w/ Linda-BB <small>Simchat Torah Begins</small>	24 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Riverside Transitional Care Presentation-A	25 Halloween Word Search-Building 1 Library 2:00 Movie: <i>Hidden Figures-T</i>
Take N Make: Pumpkin Latte *Delivered Monday (10/28) between 3-5pm* 1:30 Under Paris Skies Music Performance-A	26 9:30 Strong Bones-A 11:00 Bingo-2CA 2:00 Jeopardy Vs. EC North-A 3:00 Pet Visits-BB 4:00 BYOB Happy Hour-BB/CL*	27 9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>The Commuter-T</i>	28 10:00 Daycare Kids Trick-Or-Treating-Bistro No Pastor Chat! 10:30 Rosary-A 2:00 Church-A 3:30 Knit & Chat-BB	29 10:00 Bible Study-CL* 2:00 Tea @ Two-A 3:00 <i>All Creatures Great & Small-T</i> 3:30 Halloween Happy Hour-CL <small>Halloween</small>		

Please turn over for additional information & location keys for programs→

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

- No Sign-up required!
 - Chairs must stay where they are; Please do not move them!
 - How to access Strong Bones via zoom:
 - Download Zoom to your electronic device of choice and create an account (if you have not already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please, note that it will ask for a password. The password is **eaglecrest**
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- 1st Tuesday at Ten – Bob B. 12308
 - Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
 - Welcome to La Crosse! Newcomers Group – Shirley D. 15005
 - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
 - Sing-Along – Darlene L. 12010
 - Hand, Knee, & Foot – Beth D. 15000
 - Book Club – Mallorie T. 12737
 - Veteran's Group – Dick D. 15005
 - Knit & Chat – Marlie B. 12308
 - Hobby Shop – Peter K. 15024

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - C: Craft Room (ECS 1, 1st floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!